



Ride with GPS

EVERGLADES BICYCLE CLUB

JULY 2016

Lorraine Perez and Dora Suarez

Your \$40 EBC membership fee includes access to premium RWGPS features worth \$80



WEB
Based

- ✓ Route Creation and Edit
- ✓ Auto Synch with Garmin
- ✓ Printable PDF Maps and Customizable Cue Sheets
- ✓ Library for Club Routes
- ✓ Event Calendar
- ✓ Message Board

INTEGRATION
Best of both for
Route Managers,
Ride Leaders,
and Riders

Mobile
App*

- ✓ Turn by Turn Voice Navigation
- ✓ Off-Line Maps
- ✓ Search Engine
- ✓ Directional Arrows on Maps
- ✓ Mobile Social Media Sharing
- ✓ Camera

*Works with iPhone and Android/no data usage

IF you are not yet an EBC due paying member, join now!

- If you are not yet a paid member of EBC, sign up! Go to evergladesbc.com. Annual membership is only \$40, a great value for your cycling dollar that includes:
 - Access to premium features on RWGPS (no need to purchase their \$50/\$80 upgrade)
 - Discounts at local bicycle shops
 - Discounts on Club events/Rides
 - Saturday ride-leader led rides
- If you are an EBC due paying member and are current on your account:
 - Send an e-mail to hegelcorner@gmail.com requesting the link to join RWGPS EBC's Club Account



WEB
Based

Logging into the Web RWGPS Club Account

1. Once you have received the link, open it from your PC/MAC
2. You will be asked for your name and e-mail
3. It will then take you to RWGPS
4. Go to your Profile
5. Scroll down and find our EBC logo and click it

The screenshot shows the user profile page for Dora Suarez on the RWGPS website. The profile includes a photo of Dora Suarez, her name, and her membership start date of February 2016. The page is divided into several sections: **CAREER YEAR 2016** with a monthly breakdown (JUNE 2016, MAY 2016, APRIL 2016, MARCH 2016) and weekly activity; **JUNE BY THE NUMBERS** showing 11 rides, 17 hours and 1 minute of riding, 274.1 miles traveled, and 7 photos taken; **PHOTOS** showing a group of people at a picnic; **GEAR** listing a Cervelo S3 bicycle; **CLUBS** listing the Everglades Bicycle Club; **GROUPS** and **EVENTS** sections. The main content area displays a list of rides with details such as date, location, distance, elevation, and duration. The first ride is on 06/18/16 in Coral Gables, FL, US, with 68.4 miles, 1,028 feet of elevation, and a duration of 3 hours and 51 minutes. Other rides are listed for 06/17/16, 06/12/16, 06/11/16, and 06/10/16. The EBC logo is visible in the bottom right corner of the profile section.

Syncing Garmin rides to RWGPS

The screenshot shows the RWGPS website interface. At the top left is the logo for 'RIDE WITH GPS'. The navigation menu includes 'HOME', 'FIND', 'PLAN', 'UPLOAD', 'ROUTES', 'RIDES', 'SHOP', 'HELP', and 'APP'. The 'UPLOAD' menu item is circled in red. Below the navigation is a section titled 'ADD A RIDE' with the subtext 'You did the work, now show it off'. Underneath, there is a dashed oval around the text 'AUTOMATIC GARMIN SYNC'. Below this text is a paragraph: 'Enable Garmin Connect syncing. Automatically sync your rides from Garmin Connect or Garmin Express.' At the bottom of this section is a button labeled 'ENABLE AUTOMATIC SYNC'. A red callout box on the right contains a list of instructions: 'Plug in your Garmin', 'Open RWGPS on the Web and go to UPLOAD', and 'Click Automatic the LINK button under AUTOMATIC GARMIN SYNC'. The last instruction has two sub-points: 'Depending on how many rides you have to transfer from Garmin to Ride with GPS, this could take 48 hours or more.' and 'Once the first upload is complete, the transfer only takes seconds.'

RIDE WITH GPS

HOME FIND PLAN **UPLOAD** ROUTES RIDES SHOP HELP APP

ADD A RIDE

You did the work, now show it off

AUTOMATIC GARMIN SYNC

Enable Garmin Connect syncing. Automatically sync your rides from Garmin Connect or Garmin Express.

ENABLE AUTOMATIC SYNC

- *Plug in your Garmin*
- *Open RWGPS on the Web and go to UPLOAD*
- *Click Automatic the LINK button under AUTOMATIC GARMIN SYNC*
 - *Depending on how many rides you have to transfer from Garmin to Ride with GPS, this could take 48 hours or more.*
 - *Once the first upload is complete, the transfer only takes seconds.*

WEB Based

User Friendly Club Route Search

1

ROUTE LIBRARY

+ FILTERS

<input type="checkbox"/>	Route Name	Tags	Location	Dist (mi)	Ele (ft)	Privacy	Created	
<input type="checkbox"/>	Bike 305 Trails Nov. '15	BIKE 305	South Miami, ...	35.6	146	Public	04/21/16	
<input type="checkbox"/>	Bok Tower 100	SEBRING	Sebring, FL	98.9	1847	Public	04/21/16	
<input type="checkbox"/>	Chucho's 70th 37	ARCHIVE	Cutler Bay, FL	37.1	39	Public	04/21/16	
<input type="checkbox"/>	Chucho's 70th 51	ARCHIVE	Palmetto Bay,...	50.7	94	Public	04/21/16	
<input type="checkbox"/>	Chucho's 70th 70	ARCHIVE	Coral Gables, ...	69.9	204	Public	04/21/16	
<input type="checkbox"/>	City Hall -> Cauley Square	SPICE RIDES	Miami, FL	46.1	266	Public	06/05/16	
<input type="checkbox"/>	City Hall -> Cauley Square	SPICE RIDES	Miami, FL	50.7	286	Public	04/21/16	
<input type="checkbox"/>	City Hall -> Knaus v3	SPICE RIDES	Miami, FL	55.2	294	Public	04/21/16	
<input type="checkbox"/>	City Hall -> La Playa v2	SPICE RIDES	Miami, FL	61.2	242	Public	06/11/16	
<input type="checkbox"/>	City Hall 14-16	SATURDAY Rides	Miami, FL	26.5	177	Public	04/21/16	
<input type="checkbox"/>	City Hall 16-18	SATURDAY Rides	Miami, FL	39.2	227	Public	04/21/16	
<input type="checkbox"/>	City Hall 18-22	SATURDAY Rides	Miami, FL	39.6	219	Public	04/21/16	
<input type="checkbox"/>	Coastal Prairie Hike	ARCHIVE	Monroe Count...	16.5	24	Public	04/21/16	
<input type="checkbox"/>	Deering -> La Playa Grill	ARCHIVE	Palmetto Bay,...	19.0	37	Public	04/21/16	

Height: + -

- FILTERS

By Tag By Name By Location

Any Distance Any elevation gain

3

<input type="checkbox"/>	Route Name	Tags	Location	Dist (mi)	Ele (ft)	Privac...	Created		View
<input type="checkbox"/>	City Hall 14-16	SATURDAY Rides	Miami, FL	26.5	177	Public	04/21/16		View
<input type="checkbox"/>	City Hall 16-18	SATURDAY Rides	Miami, FL	39.2	227	Public	04/21/16		View
<input type="checkbox"/>	City Hall 18-22	SATURDAY Rides	Miami, FL	39.6	219	Public	04/21/16		View

2

- FILTERS

By Tag By Name By Location

Any Distance Any elevation gain

2

(untagged)
ARCHIVE
BIKE 305
FAVIAN TUNON
GREENWAY
SATURDAY Rides
SEBRING
SNOWBIRD 2014
SNOWBIRD 2015
SNOWBIRD 2016
SPICE RIDES

<input type="checkbox"/>	Route Name	Tags	Location	Dist (mi)	Ele (ft)	Privac...	Created		View
<input type="checkbox"/>	1 SEBRING	SEBRING	Miami Spring...	39.4	85	Public	05/03/16		View
<input type="checkbox"/>	2 SNOWBIRD 2014	SNOWBIRD 2014	Miami-Dade ...	100.5	119	Public	04/21/16		View
<input type="checkbox"/>	2 SNOWBIRD 2015	SNOWBIRD 2015	Miami-Dade ...	101.1	121	Public	04/21/16		View
<input type="checkbox"/>	2 SNOWBIRD 2016	SNOWBIRD 2016	Miami-Dade ...	55.4	63	Public	04/21/16		View
<input type="checkbox"/>	2016 Snowbird 100 v1	SNOWBIRD 2016	Homestead, ...	101.6	130	Public	04/21/16		View
<input type="checkbox"/>	2016 Snowbird 100 v2	SNOWBIRD 2016	Homestead, ...	101.6	130	Public	04/21/16		View
<input type="checkbox"/>	2016 Snowbird 100 v3	SNOWBIRD 2016	Homestead, ...	101.3	130	Public	04/21/16		View
<input type="checkbox"/>	2016 Snowbird 25	SNOWBIRD 2016	Homestead, ...	24.6	58	Public	04/21/16		View

PDF Cue Sheets still a good back-up on a ride

MAP OPTIONS

Orientation:

- Include elevation profile?
- Override elevation scale
- Include Description
- Show coordinate grid on map
- Overlay ordered cuesheet icons
- Show distance markers

CUESHEET OPTIONS

Orientation:

Rows and Columns: x

Font size:

- Cuesheet number
- Distance from Start
- Distance From Last
- Label (left/right/food/etc)
- Notes
- Distance To Next

customizable



Fajan One Hundred

0.0	▶ Start of route	0.0
0.0	→ Slight R to stay on Pan American Dr	0.2
0.2	→ R onto South Bayshore Drive	1.3
1.6	↑ Continue onto South Miami Avenue	1.0
2.6	→ Slight R onto Brickell Avenue, US 1	0.1
2.7	↑ Continue	0.0
2.7	→ Slight R onto Rickenbacker Causeway	6.6
8.4	→ R onto Rickenbacker Circle	0.2
8.6	→ R onto Rickenbacker Causeway	0.9
9.6	→ Sharp R onto Grapetree Drive	0.0
9.6	→ Sharp L	0.7

9.6 miles. +63/-66 feet

23.3	→ R onto Ingraham Terrace	0.1
23.3	→ L onto Southwest 42nd Avenue	0.1
23.4	→ R	0.0
23.6	→ R onto Southwest 72nd Street	0.7
24.2	→ L onto Ponce de Leon Road	1.0
26.3	→ L onto North Kendall Drive	0.2
26.4	→ Sharp R onto Old Cutler Road	2.9
28.4	→ R onto Southwest 128th Street	0.6
28.9	→ L onto Southwest 62nd Avenue	0.6
29.4	→ R onto Southwest 136th Street	0.6
29.9	→ L onto Ludlam Road	1.0

7.3 miles. +46/-63 feet

10.2	→ R onto Rickenbacker Causeway	1.8
12.0	→ Sharp R onto Arthur Lamp Jr Road	1.6
13.6	↑ Continue	0.6
14.0	↑ Continue onto Arthur Lamp Jr Road	1.6
16.6	→ R onto Rickenbacker Causeway	2.9
18.4	→ L onto South Miami Avenue	1.2
19.6	↑ Continue onto South Bayshore Drive	1.6
21.2	→ R onto McFarlane Road	0.2
21.4	→ L onto Main Highway	1.0
22.4	→ L onto Southwest 37th Avenue	0.2
22.6	→ Slight R onto Ingraham Highway	0.6

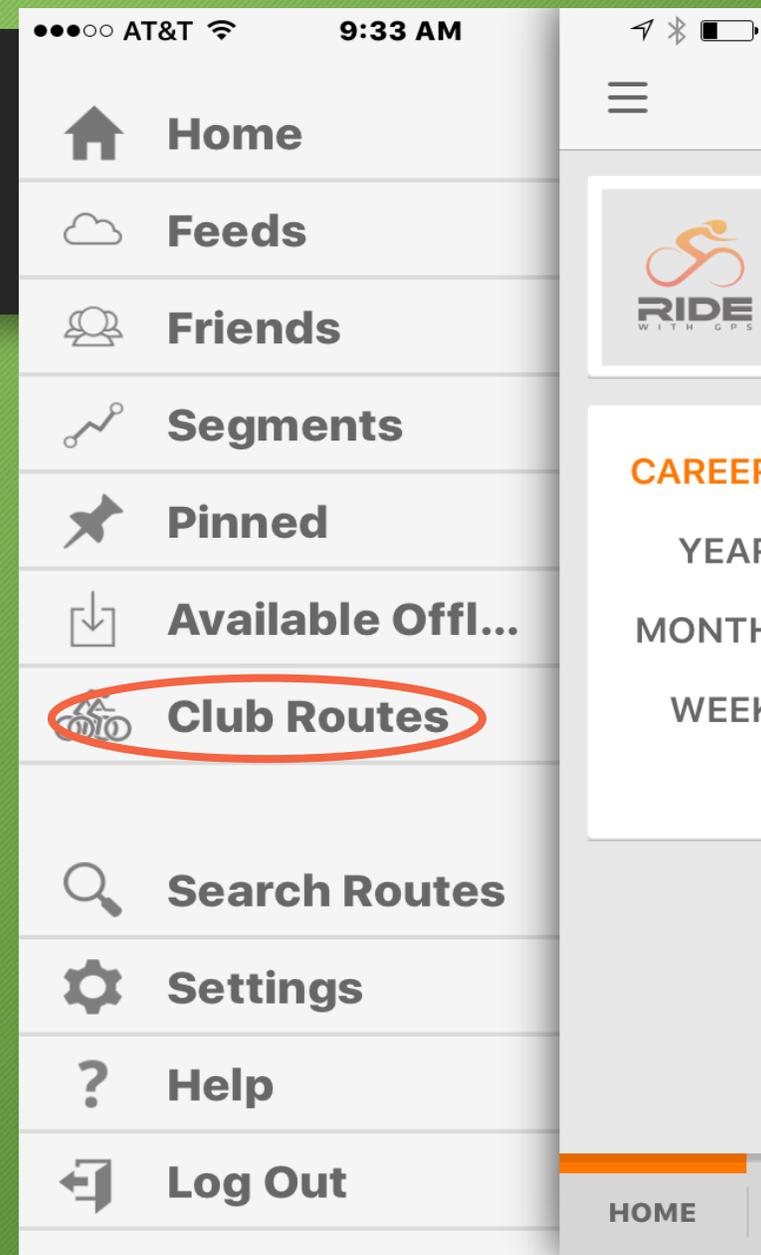
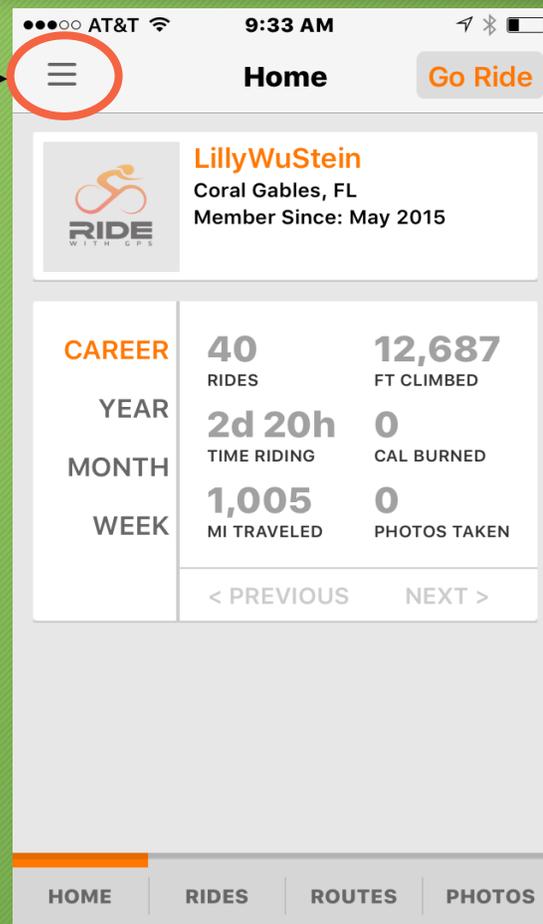
13.1 miles. +80/-66 feet

30.9	→ R onto Southwest 162nd Street	0.1
31.0	↑ Continue onto Coral Reef Drive	1.4
32.4	→ L onto Southwest 82nd Avenue	1.0
33.6	→ R onto Southwest 168th St	0.3
33.7	↑ Continue onto Southwest 168th Street	0.2
34.0	→ R	0.0
34.0	→ R onto Southwest 87th Avenue	6.4
39.4	→ Slight R onto Southwest 248th St	2.2
41.6	↑ Continue onto Southwest 248th Street	1.6
43.0	↑ Continue onto Southwest 248th St	8.1

13.1 miles. +28/-40 feet

Logging into the Mobile App

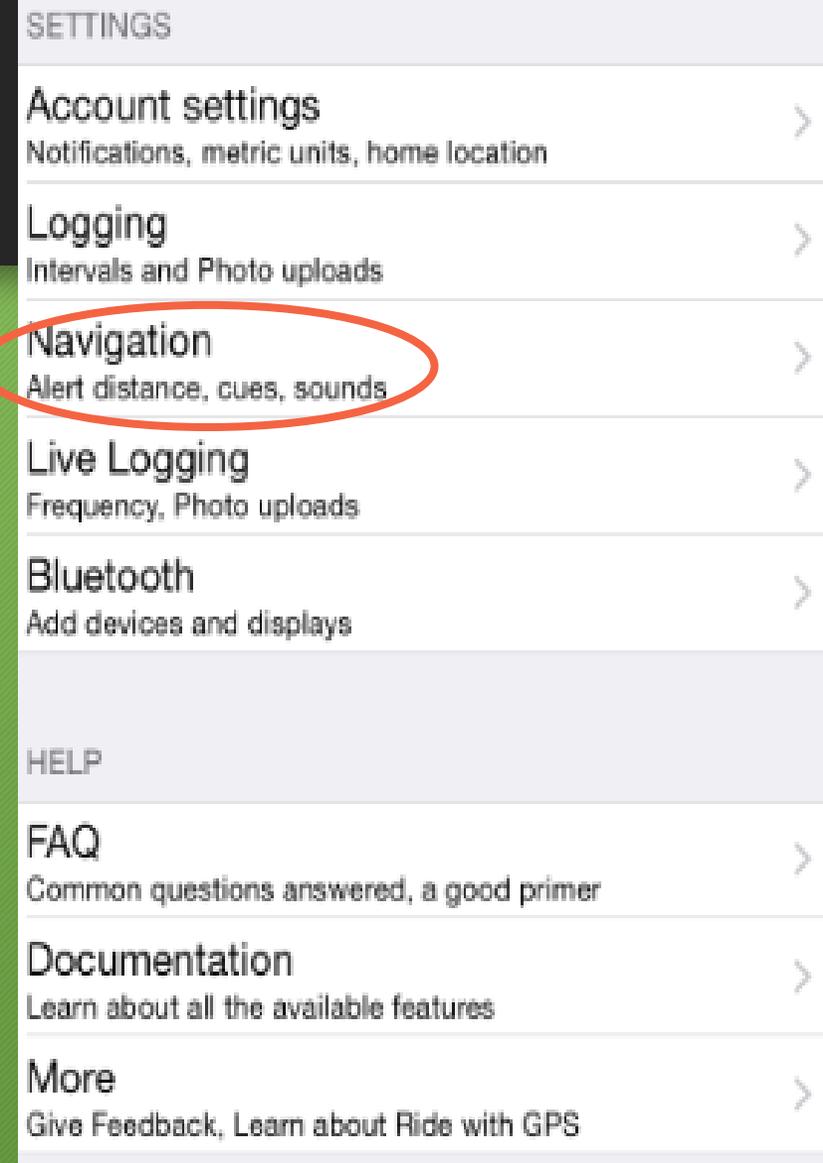
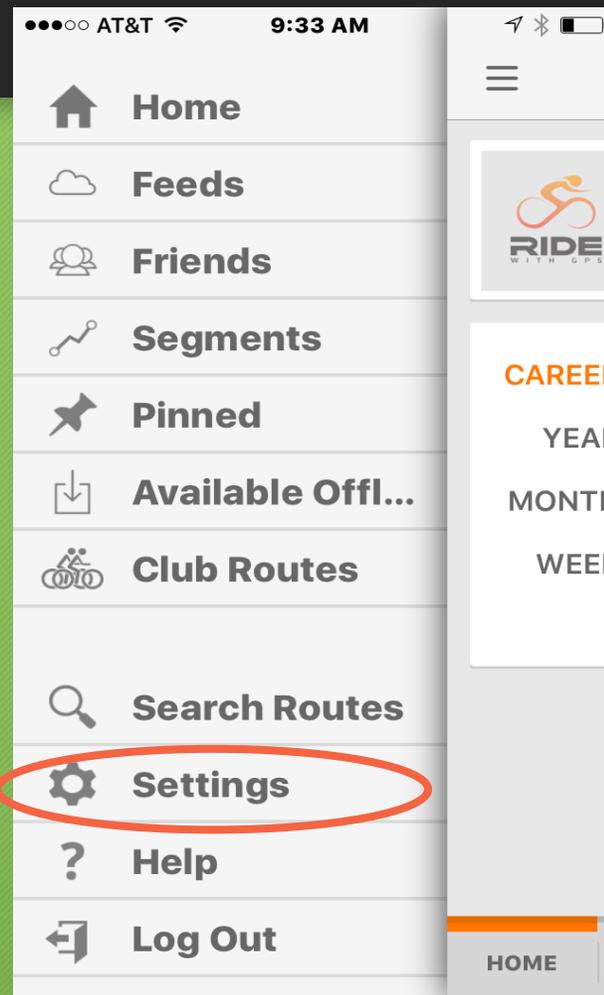
- Once you've logged into the RWGPS on the Website, you are now ready to log into the mobile app
- If you already have an individual RWGPS account on your phone, make sure you log out of it first
- Open the App and from the Home page, tap the menu
 - Now you can see the Club Routes
 - You may need to tap your Profile first in order to see the Club Routes



Manage Settings

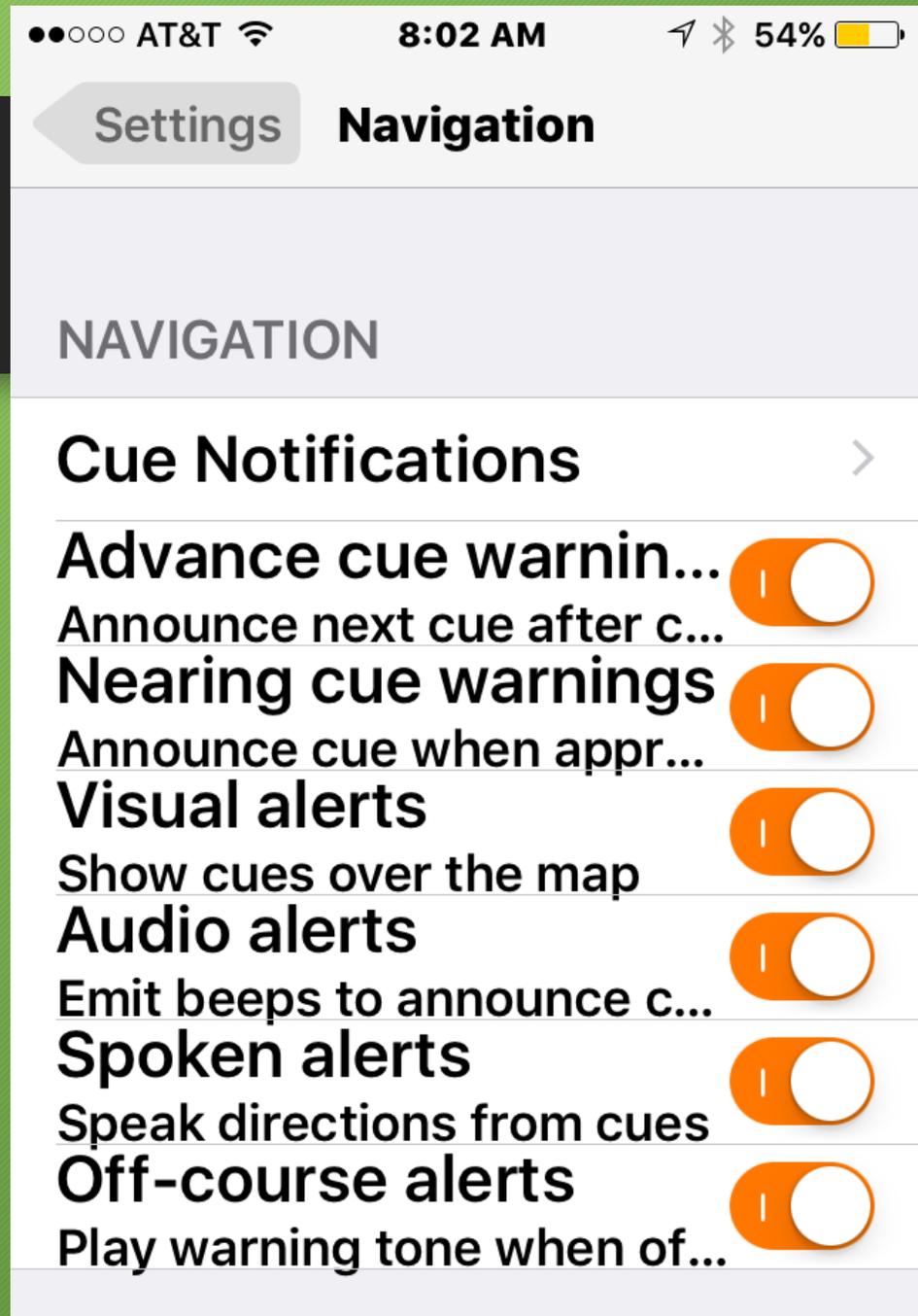
Explore Settings and choose your preferences

1. Tap the MENU icon in the upper left corner of the app screen to bring up the app drawer.
2. Tap SETTINGS
3. Start Exploring
4. Use the APP HELP and FAQ for more info



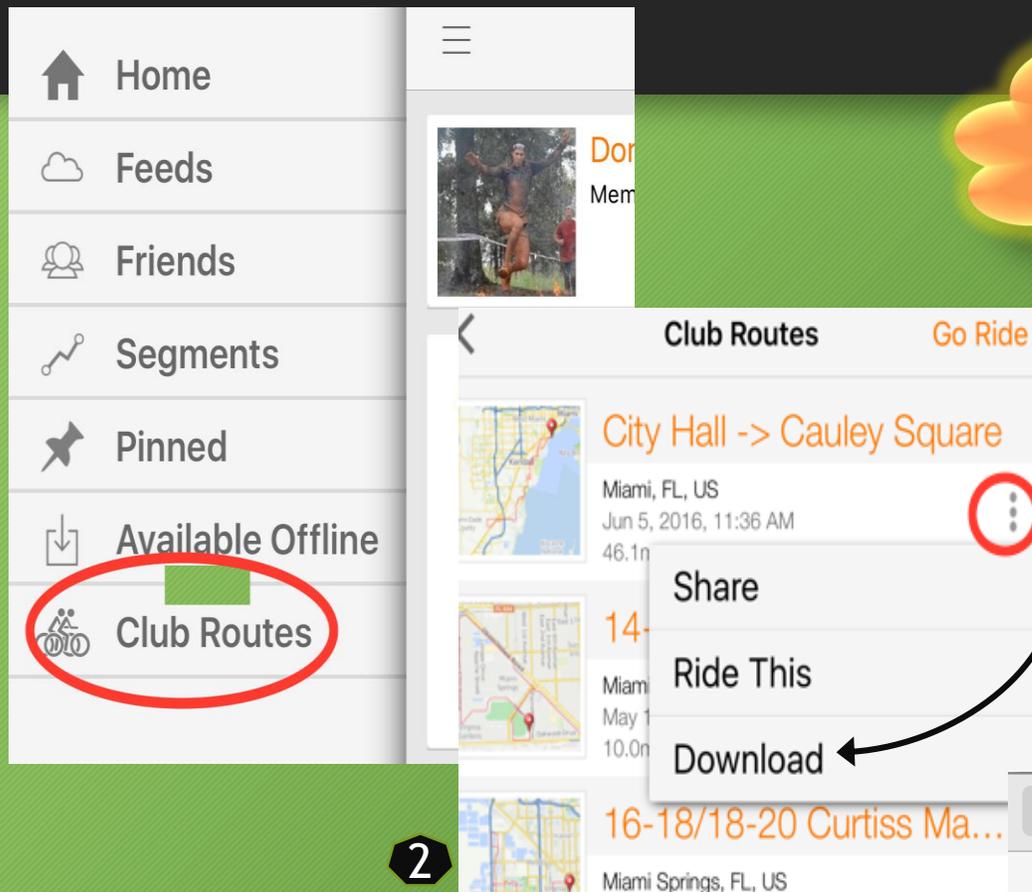
Voice and other navigation settings

- Tap Navigation in Settings to get to this screen.
- Voice navigation cues work with the mobile app when playing back a recorded ride or a ride you selected from the EBC Library.

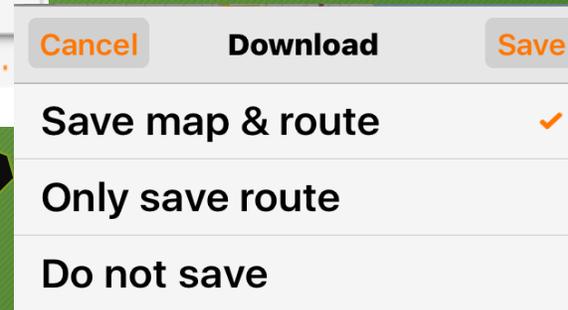


Find EBC Route

1. Tap the MENU icon in the upper left corner of the app screen to bring up the app drawer.
2. Tap CLUB ROUTES
3. Select the Route from Library
4. Choose Ride This or Download.

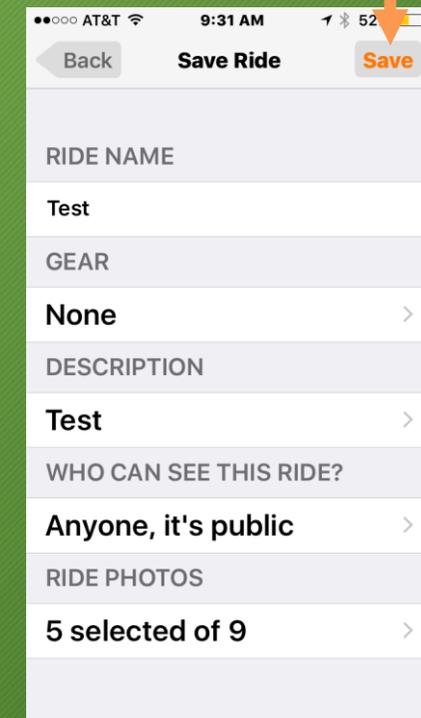
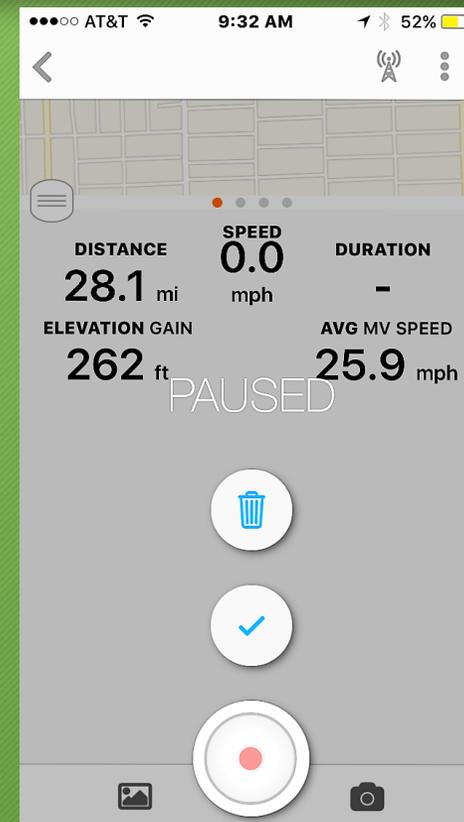
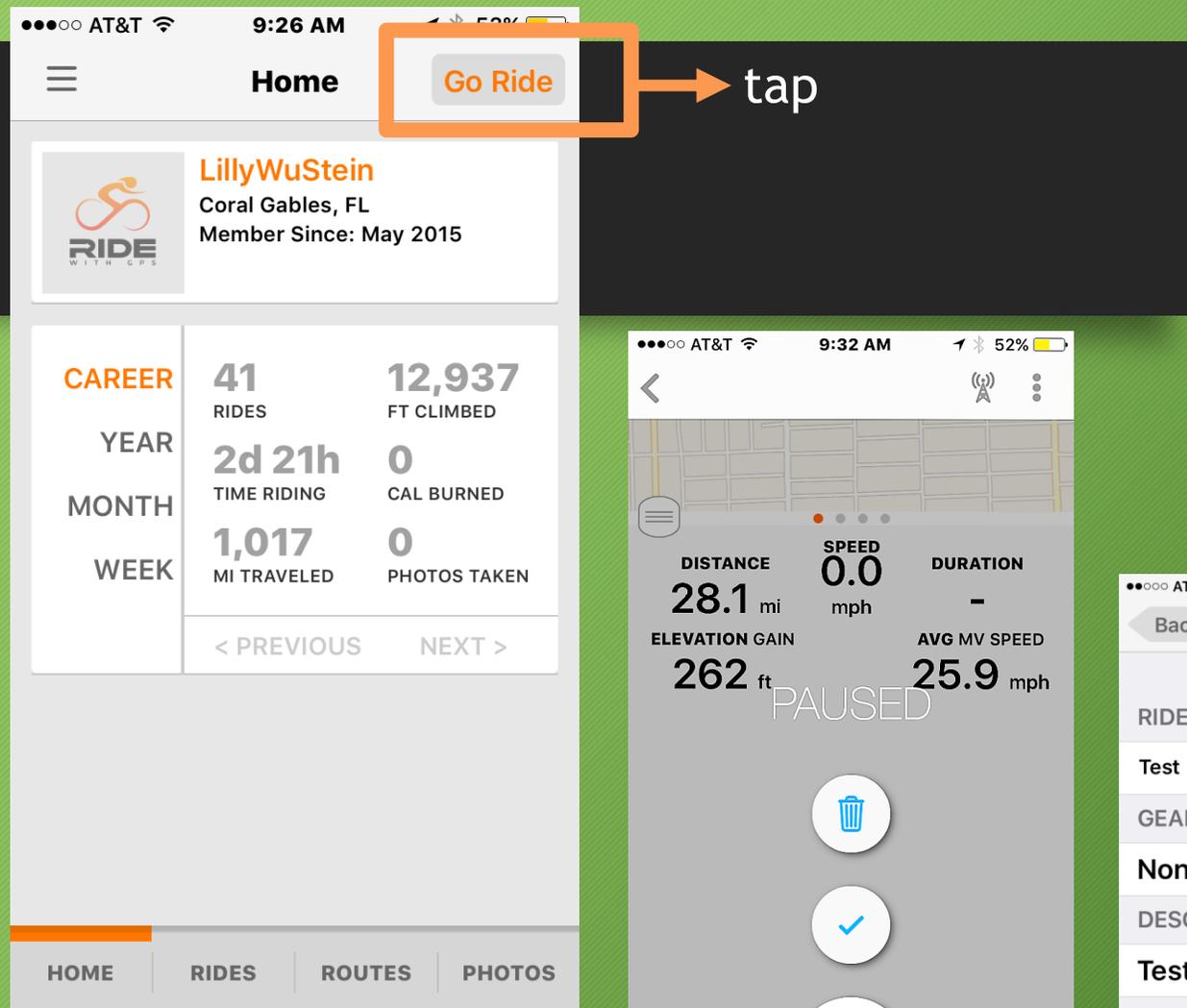


Select download to use the navigation features without data charges.



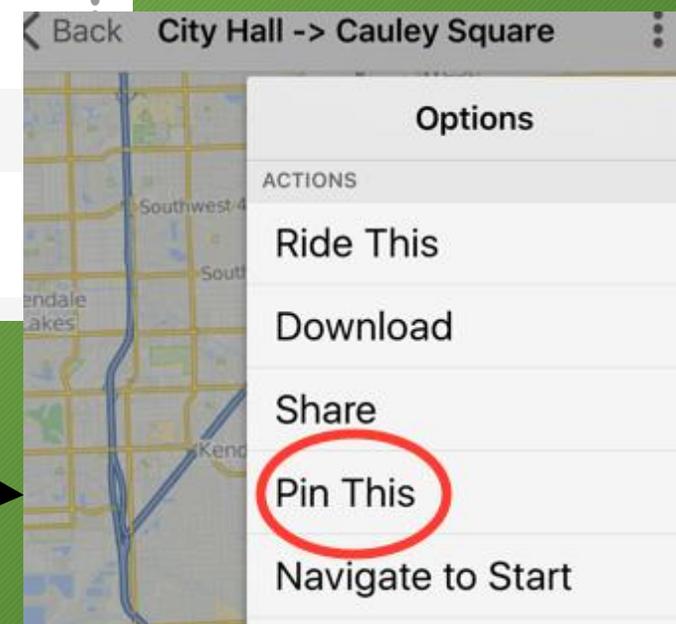
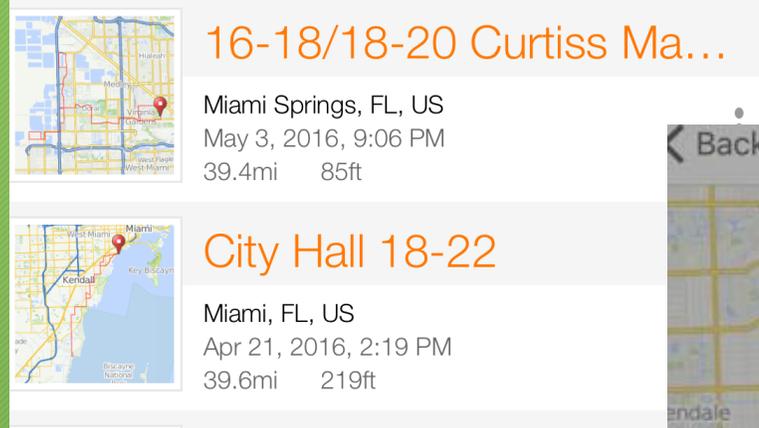
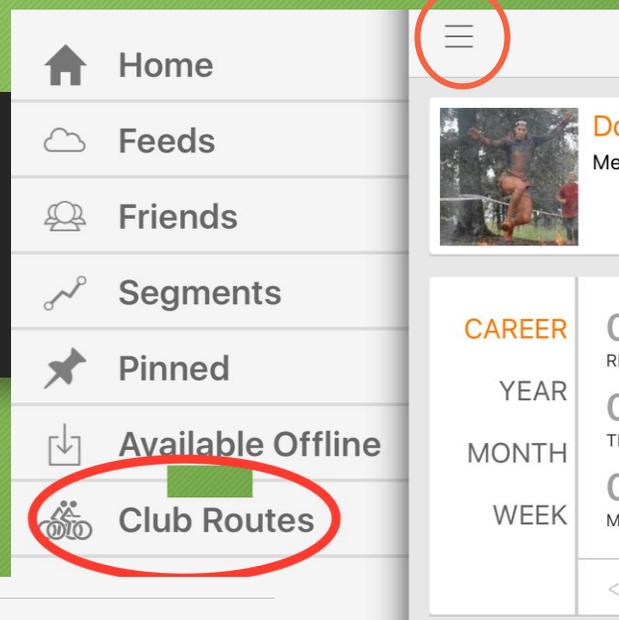
Record a Ride

1. Log into RWGP mobile app
2. Select Go Ride option
 - iPhone top right corner
 - Android lower right corner
3. Start recording
4. Stop recording by hitting record button again
5. Name your ride and select your privacy settings and SAVE



Pin & Download EBC Route

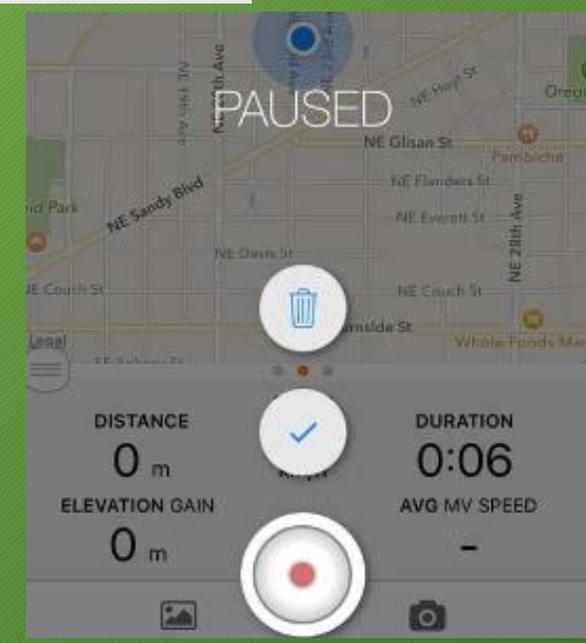
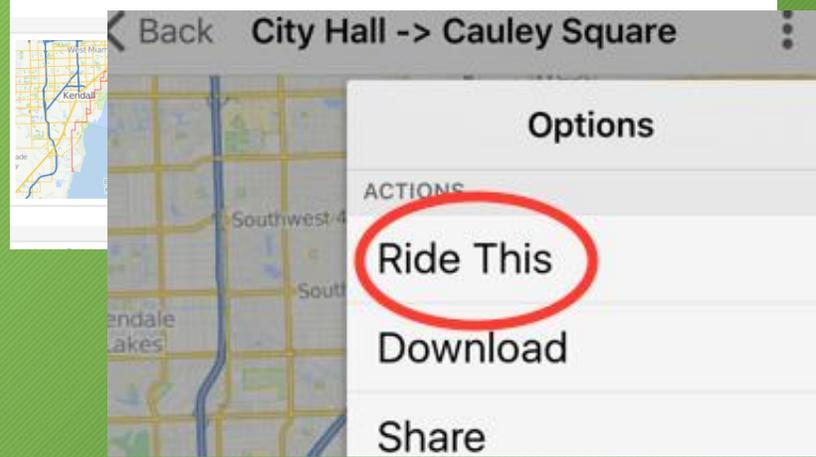
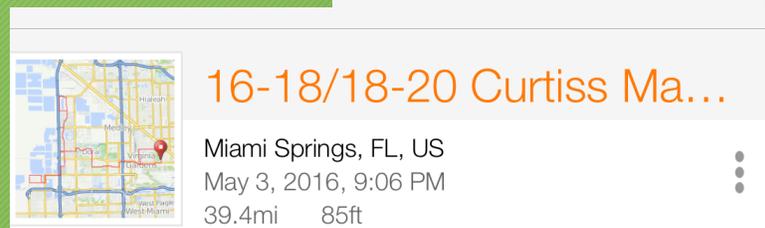
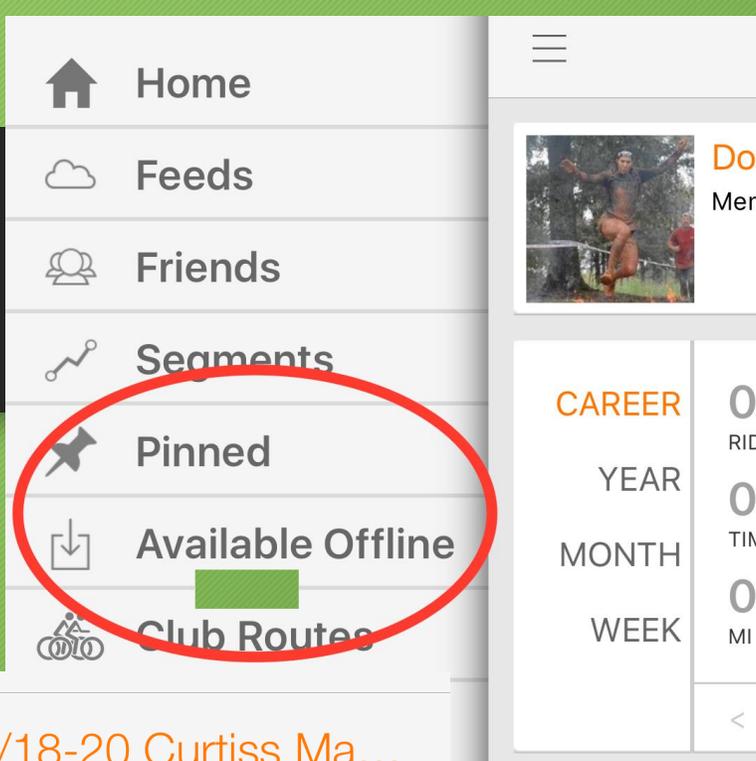
1. Pinning is like favorites.
2. Use this feature to quickly locate your favorite and frequent EBC routes.
3. Additionally you can download the ride to playback without DATA usage.
4. Tap the MENU icon in the upper left corner of the app screen to bring up the app drawer.
5. Tap CLUB ROUTES
6. Click to open the Route from Library
7. Choose to PIN the ride
8. Optional: Choose Download



Playback an EBC Route

Once you have Pinned and/or downloaded the ride it's simple to playback

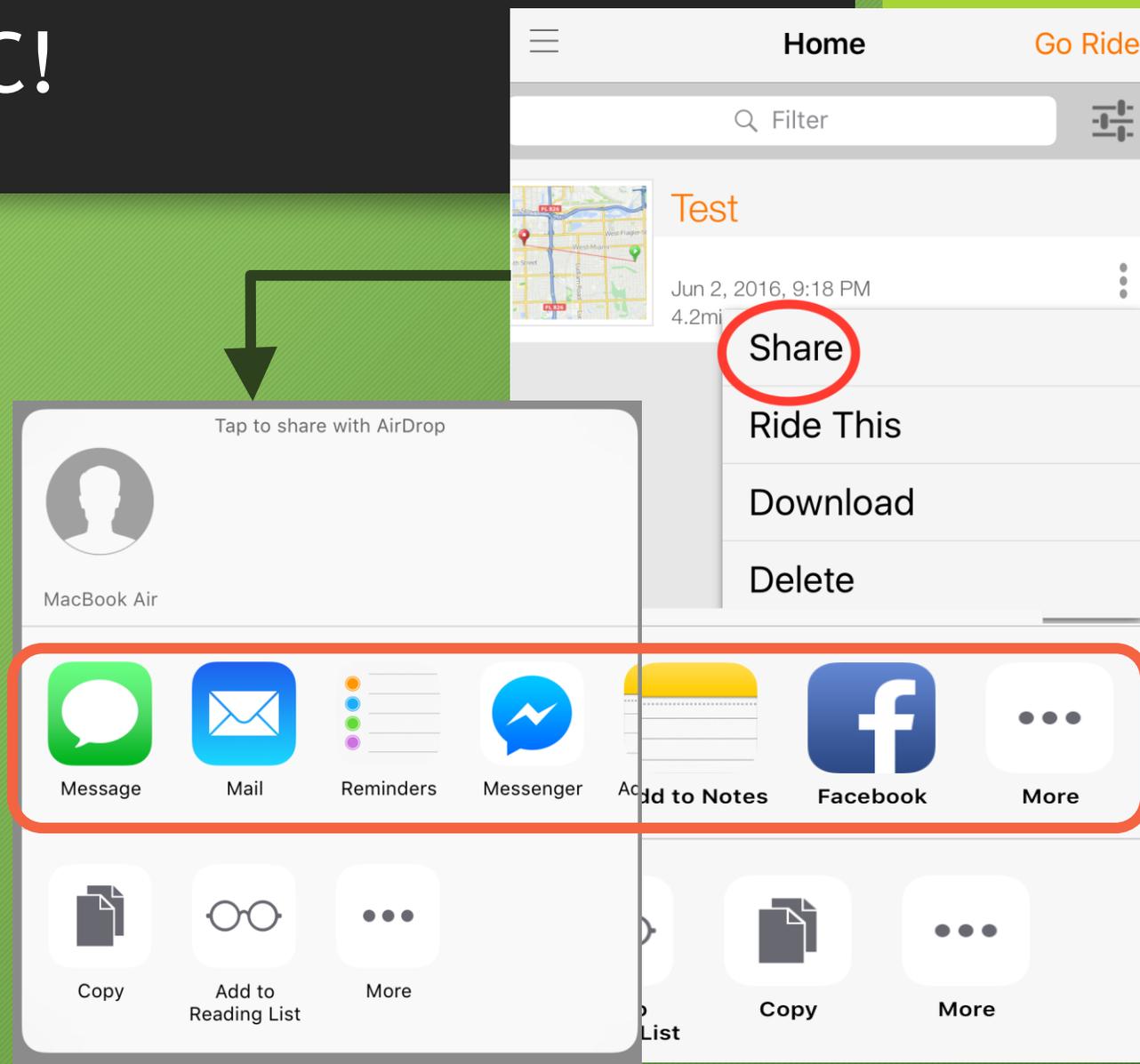
1. Tap the MENU icon in the upper left corner of the app screen to bring up the app drawer
2. If Pinned, select Route from Pinned library
3. If downloaded, select from Available Offline library.
4. Then click PLAY



Share your rides with EBC!

Once you have recorded a ride you may select the SHARE option to e-mail your ride for EBC Route Sharing.

1. Send Email to Hegelcorner@gmail.com
2. Please include an overview of the ride:
 - Distance
 - Start Address
 - Any other pertinent info you'd like to share



HELP on both RWGPS Webpage and App

Comprehensive and robust HELP available for both mobile and web functionality

HOME / RIDE WITH GPS HELP

search here ...

[Submit a Support Ticket](#)

Categories
Categories
Select Category ▾

Help Portals
[Main](#)
[Planning Routes](#)
[Mobile](#)
[Analyze Rides](#)
[Club Account](#)
[Tour Operators](#)

Latest Articles
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[Manage Billing for your Club](#)
[What's New in Clubs](#)
[Club Backups](#)
[Apple Mail Attachments](#)
[What's new in 1.5.17](#)
[Offline Mode on Mobile](#)
[Backups](#)
[Directional Arrows on Mobile](#)
[Garmin Edge 520](#)

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[Garmin Edge 800 \(752\)](#)
[Garmin Edge 605 and 705 \(587\)](#)
[Garmin Edge 205 and 305 \(555\)](#)
[Garmin Edge 1000 \(530\)](#)

Tag Cloud
account accessibility android app battery
browser calendar club conserve clubs cue sheet
device devices event equipment garmin gps
gpx health improve iphone join rides live logging
manage map mobile navigation pdf
performance photos photos pinning plan planning
premium **privacy** ride route segments
sharing subscription tcx track upload websites

Want to share tips and discussions?
[Check out our help forums](#)

Route Planner
Everything you'll want to learn to help plan your next big ride:

- Create a Route
- Advanced Route Editing
- Trace Ride to get Cues
- Points of Interest
- Working with Cues
- Using the Elevation Profile
- Splitting and Combining Routes
- Pinning and Sharing
- Embedding
- Switching Map Styles
- Printing Map & Cuesheets
- Estimated Time

Mobile
Everything you'll want to know about using the Ride with GPS app for iPhone and Android.

- Voice Navigation
- Manage Settings
- Offline Maps
- Record a Ride
- Connect Sensors
- Live Logging and Group Live Logging
- Taking Photos
- Pinning and Sharing
- Changing Metrics
- Sorting/Finding Rides and Routes
- Auto-pause
- Full Screen Map and Metrics

Garmin Units
Learn all the recommended settings for your Garmin unit, how to transfer a route, and upload recorded rides.

- Garmin Connect
- TCX GPX Differences
- Manual Export
- OSM Cards
- Uploading Rides

Analyze Rides
You've recorded a ride and uploaded to the website. Now take a look at those rides to learn how to analyze, cleanup, and edit.

- Using the Elevation Profile
- Trimming/Ride Cleanup
- Segments
- Trace Ride to get Cues
- Ride Center
- Editing Ride Details
- [Analyze Ride Metrics](#)

Manage Your Account
You've created an account, now learn how to change your profile settings and other goodies.

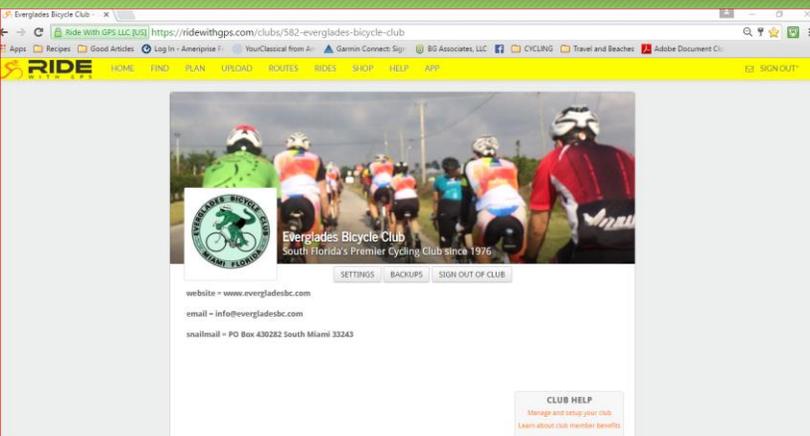
- Using your Home Page
- Set up Health Info
- Create Manage Gear
- Photos
- Profile Widget
- Privacy Zones

Clubs
Learn how to set up a Club page and take advantage of the Premium  features they offer.

- Club Account Overview
- Club Management
- Club Member Benefits
- Navigating Club Routes
- Managing Club Members

DIDN'T FIND WHAT YOU WERE LOOKING FOR? [SUBMIT A SUPPORT TICKET](#)

How to transfer a route from the EBC Library in RWGPS to your Garmin device



1. Connect your Garmin to your PC using its cable
2. Make sure you have already activated the link that was e-mailed to you to join RWGPS for EBC

ROUTE LIBRARY						
+ FILTERS						
<input type="checkbox"/>	Route Name	Tags	Location	Dist (mi)	Ele (ft)	Privacy
<input type="checkbox"/>	City Hall -> Cauley Square 46	SPICE RIDES	Miami, FL	46.1	266	Public
<input type="checkbox"/>	City Hall -> Cauley Square 50	SPICE RIDES	Miami, FL	50.7	286	Public
<input type="checkbox"/>	City Hall -> Knaus	SPICE RIDES	Miami, FL	55.2	294	Public
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<input type="checkbox"/>	City Hall 14-16	SATURDAY Rides	Miami, FL	26.5	177	Public
<input type="checkbox"/>	City Hall 16-18	SATURDAY Rides	Miami, FL	39.2	227	Public
<input type="checkbox"/>	City Hall 18-22	SATURDAY Rides	Miami, FL	39.6	219	Public

3. Click Route Name for the Route you want to export

WEB Based

The screenshot shows the RideWithGPS website interface. On the left, there is a 'CUE SHEET' table with the following entries:

Instruction	Distance
Turn right onto Fairway Dr	0.1 mi
Turn right onto Eldron Dr	0.5 mi
Slight right onto Curtiss Pkwy	0.9 mi
Turn right	1.5 mi
Turn left toward Palmetto Dr	1.5 mi
Turn left onto Palmetto Dr	1.6 mi
At the traffic circle, take the 1st exit onto Curtiss Pkwy/S Royal Poinciana Blvd	1.6 mi
Keep left to stay on S Royal Poinciana Blvd	1.6 mi
Keep left to stay on S Royal Poinciana Blvd	3.5 mi
Turn right toward S Royal Poinciana Blvd	3.6 mi
Turn left onto S Royal Poinciana Blvd	3.6 mi

In the center, a map displays a red route with numbered waypoints (1-9) in Miami Springs, FL. On the right, the 'EXPORT' tab is active, showing options for 'Garmin Write' and 'GPX Track (.gpx)'. The 'TCX Course' option is selected, with 'Notify before turn?' checked and '30 meters in advance' set. A file download dialog box is open at the bottom, showing a list of files with '14-16_Curtiss_Mansi....tcx' selected and circled in red.

4. Click EXPORT tab

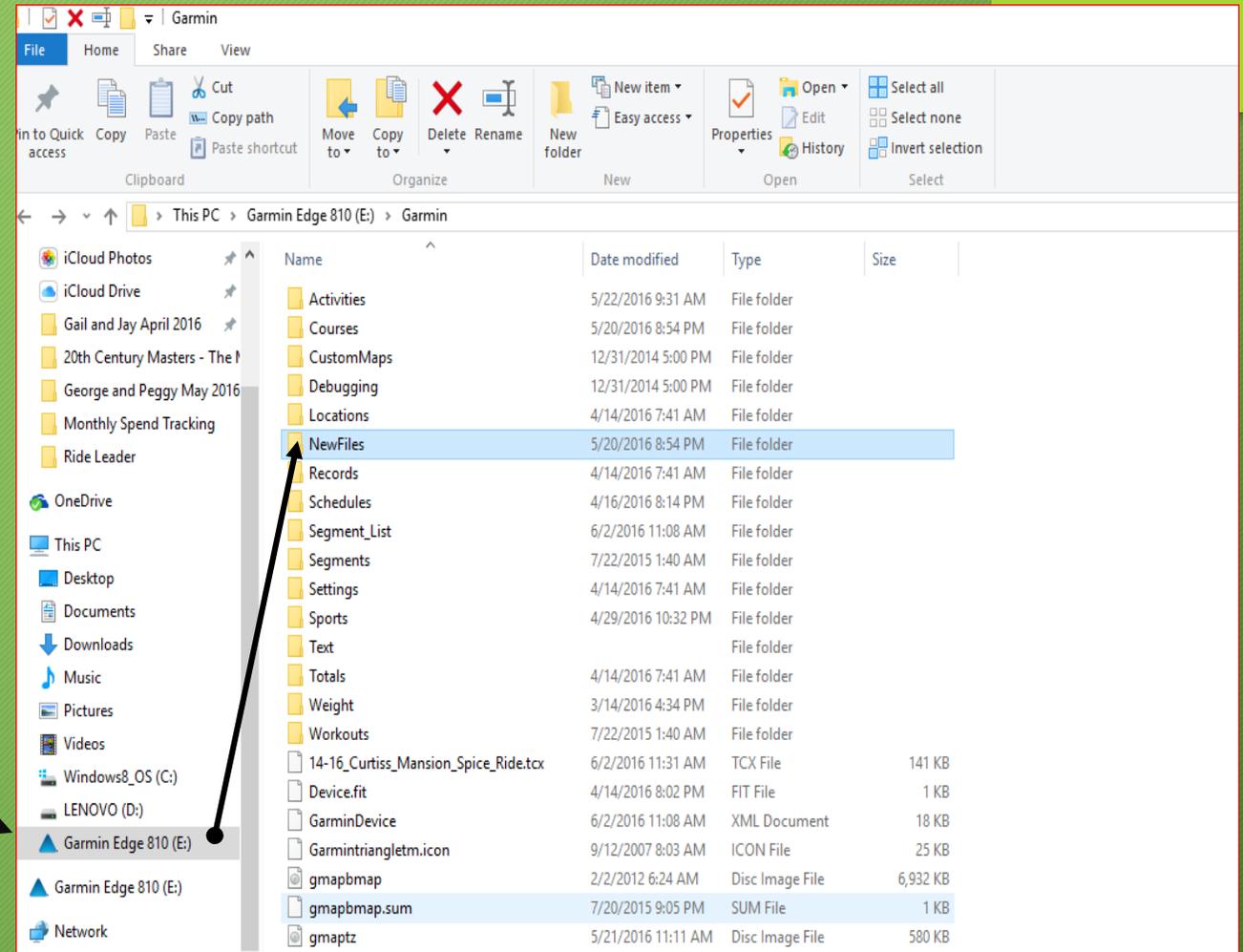
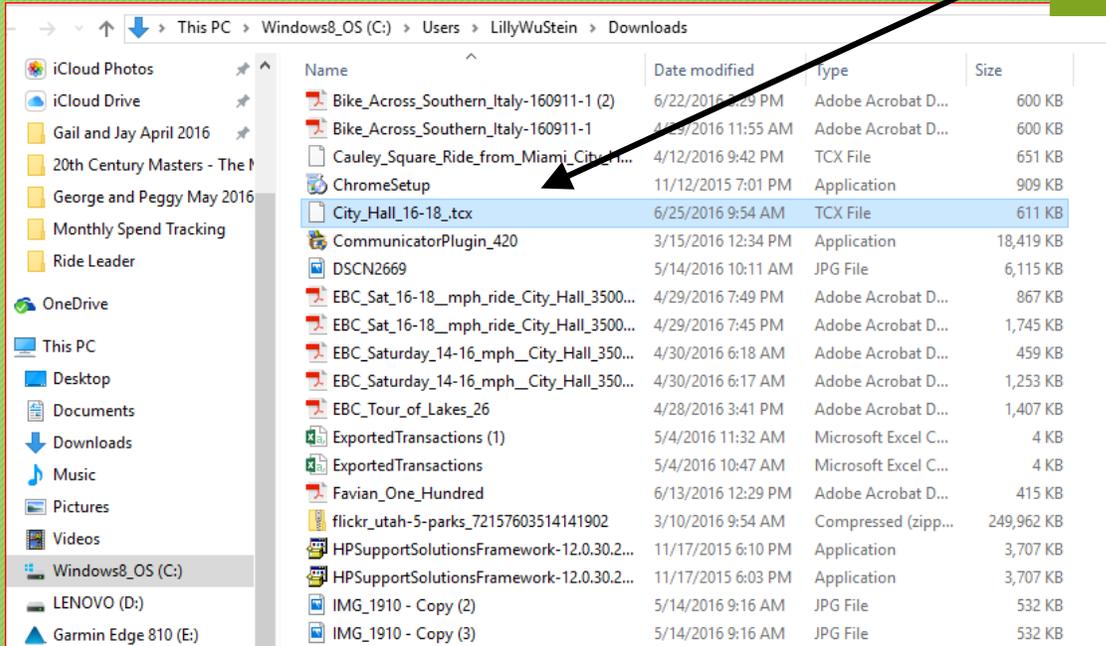
5. Advance Turn Notification

6. Click TCX Course

7. Select Show In Folder

WEB Based

8. The file will be highlighted for you. Now simply copy the file by using CNTRL C or right click to COPY



9. Click Garmin Edge

10. Then click to open NewFiles.

11. Use CNTRL V to paste the route.
You will see the file download.
Takes only seconds.

12. Disconnect your Garmin using your safe disconnect utility. (Don't just unplug your Garmin from your computer. You can damage the device.)